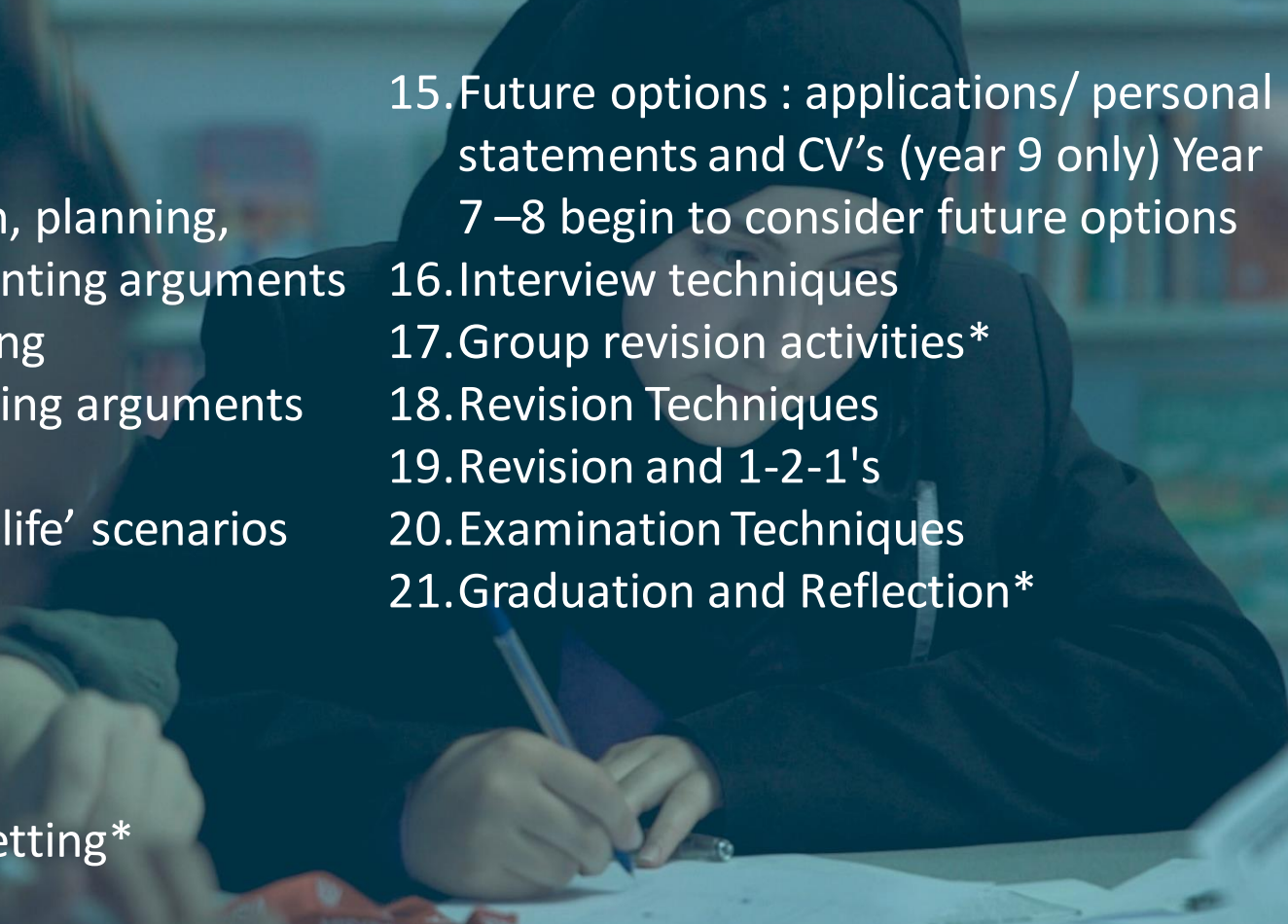


## Programme overview: Study skills, confidence & aspirations programme. Years 7-9

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- A student wearing a black hijab is sitting at a desk, focused on writing in a notebook with a blue pen. The background is slightly blurred, showing what appears to be a library or study area with bookshelves.
1. Introduction\*
  2. Mindsets\*
  3. Problem solving
  4. Analysing information, planning, structuring and presenting arguments
  5. Thinking about learning
  6. Planning and structuring arguments
  7. Balloon debate\*
  8. Problem solving 'real life' scenarios
  9. Meeting Challenges
  10. Using evidence
  11. Essay writing
  12. How to improve
  13. Reflection and goal setting\*
  14. Future options 1-2-1
  15. Future options : applications/ personal statements and CV's (year 9 only) Year 7 –8 begin to consider future options
  16. Interview techniques
  17. Group revision activities\*
  18. Revision Techniques
  19. Revision and 1-2-1's
  20. Examination Techniques
  21. Graduation and Reflection\*